

## HCL and SRFI Conducts High Performance Camp for 32 Squash Players Selected to represent India in the World and Asian Junior Championships

*First-ever initiative of its kind that introduces sports science to Squash*

*Chris Ryder, British Squash Coach to train the top performers*

**May 25, 2019, Noida, India:** Eleven Squash players were selected in the under-19 category during the recently concluded HCL World and Asian Junior Selection Trials to represent India in the upcoming Squash WSF World Juniors to be held in August 2019, in Malaysia. In addition, eight players were selected in the Under 13, Under 15 and Under 17 categories each to represent India at the Asian Junior Individual Championship to be held in Macau from June 26 – 30, 2019 along with the selected players in the Under-19 category. The rigorous 5-day selection trials were held at the Shiv Nadar University in Dadri between May 21-and 25, 2019.

HCL is presently hosting a two-week high-performance camp for the selected 32 players at the Shiv Nadar University campus in partnership with the Squash Rackets Federations of India (SRFI) as part of the HCL Squash Podium Program, aimed at transforming the Squash ecosystem in India. The High-Performance Camp will be overseen by Chris Ryder, National Squash Coach for Britain and will help the selected Indian players improve their overall game tactics, strength and conditioning. Players will also be assisted with nutritional direction and psychological counselling. HCL is bringing sports science to the training camp through a partner to help create individual player assessment reports and offer customized guidance to each player to help them perform better against their international counterparts.

The players who were selected during the Asian Junior Selection Trials today are:

Category	Girls	Boys
U19	<ol style="list-style-type: none"><li>1. Sanya Vats (Delhi)</li><li>2. Amira Singh (Delhi)</li><li>3. Avani Nagar (Maharashtra)</li><li>4. Jannia Singh (Chandigarh)</li></ol>	<ol style="list-style-type: none"><li>1. Tushar Shahani (Maharashtra)</li><li>2. Veer Chotrani (Maharashtra)</li><li>3. Rahul Baitha (Maharashtra)</li><li>4. Yash Fadte (Goa)</li></ol>
U17	<ol style="list-style-type: none"><li>1. Yashna Singh (Maharashtra)</li><li>2. Aishwarya Khubchandani (Maharashtra)</li><li>3. Ananya Dabke (Maharashtra)</li><li>4. Megha Bhatia (Delhi)</li></ol>	<ol style="list-style-type: none"><li>1. Arnaav Sareen (Maharashtra)</li><li>2. Neel Joshi (Maharashtra)</li><li>3. Navaneeth Prabhu S (Tamil Nadu)</li><li>4. Shreemann Raghavan (Tamil Nadu)</li></ol>
U15	<ol style="list-style-type: none"><li>1. Yuvna Gupta (Maharashtra)</li><li>2. Kaavya Bansal (Maharashtra)</li><li>3. S Akshaya Sri (Tamil Nadu)</li><li>4. Pooja Arthi R (Tamil Nadu)</li></ol>	<ol style="list-style-type: none"><li>1. Paarth Ambani (Maharashtra)</li><li>2. Rutva Samant (Maharashtra)</li><li>3. Krishna Mishra (Madhya Pradesh)</li><li>4. Jaivir Singh Dhillon (Delhi)</li></ol>
U13	<ol style="list-style-type: none"><li>1. Anahat Singh (Delhi)</li><li>2. Nayna Taneja (Maharashtra)</li><li>3. Nandini Jain (Delhi)</li><li>4. Unnati Tripathi (Uttarakhand)</li></ol>	<ol style="list-style-type: none"><li>1. Tavneet Singh Mundra (Madhya Pradesh)</li><li>2. Arihant Ks (Tamil Nadu)</li><li>3. Avalokit Singh (Rajasthan)</li><li>4. Ekambir Singh (Maharashtra)</li></ol>



### **About HCL**

Founded in 1976 as one of India's original IT garage start-ups, HCL is a pioneer of modern computing with many firsts to its credit, including the introduction of the 8-bit microprocessor-based computer in 1978 well before its global peers. Today, the HCL Enterprise has a presence across varied sectors that include technology, healthcare and talent management solutions and comprises three companies - HCL Infosystems, HCL Technologies and HCL Healthcare. The enterprise generates annual revenues of over US \$8.6 billion with more than 137,000 employees from 140 nationalities operating across 44 countries, including over 500 points of presence in India. For further information, visit [www.hcl.com](http://www.hcl.com)

### **For further information, please contact:**

On behalf of HCL:

Shruti Roy – 9953976460/ [shruti.roy@hcl.com](mailto:shruti.roy@hcl.com)